



Registration: Opens April 1 | Ends April 26th Tryouts for new swimmers: April 24th | 7pm-8pm @ LJ Rec Center Practice Starts: April 29th

Clinic

Clinic Times: April 15th, 17th, 22nd & 24th | 5-10 years old: 5:00-6:00pm | 11 years and up: 6:00-7:00pm Cost: \$50 for 4 day clinic

For more details and to register please go to LJSTPirates.org. Tryouts will be included during the Clinic. Payment due on 1st day of clinic.

Tryouts - For New Swimmers (Non-Clinic Attendees)

Tryouts: April 24th | 7:00-8:00pm

What to bring: Swimsuit and Goggles

What to Expect: Tryouts will consist of a 30 minute session where coaches will instruct and evaluate swimmers based on Stroke Performance (Freestyle and Back) and Endurance.

Check out the LJST web page for requirements for making the swim team

As space is limited, applicants that are approved are chosen based on performance.

Summer Registration

Requirements

Age 5+ | New swimmers (to the Team) must tryout | Photocopy of Birth Certificate Registration and release forms must be completed before 1st practice

Fees

Swimmers entering 8th grade and under: \$200

Swimmers entering 9th grade and older: \$75

Masters/Adults: \$75

What is Included

Up to 66 days of instruction/practice | Up to 8 Meets | Swim Cap | Team Shirt | LJREC,CCAA,TAAF, Insurance and Meet Fees *\$25 late fee applies after April 26th*

Team Suit and Shirts

Team Suit Fitting and Purchase: May 7th @ 5:00-7:00pm | Pool - LJ Rec Center Shirts: 1 Included with Registration

Additional shirts are available to purchase for \$20 on registration form.

Parent Participation

Parents are <u>Required</u> to volunteer for at least 2 home meets (no experience needed). Dates on registration form.

New Parent Meeting: Early May TBD | Party Room LJ Rec. Center

ljstpirates.org